

PATHWAYS of RECOVERY



An Experiential Workshop

Thurs., Feb. 9, 5 p.m.-8 p.m.

Fri.-Sat., Feb. 10-11 , 9 a.m. to 6 p.m.

Homewood Suites
Stone Oak Parkway

Facilitated by:

*Stephanie Ellis Ecke, LPC, LCDC
and Amy Fisher Hodges, RN, LCDC*

This small group is designed to meet each person where they are and to assist them in moving forward in their own personal healing.

Participation in the workshop will help free up your energy in order to be fully present, have more fulfilling relationships, and enjoy spiritual freedom.

The focus of this intensive is to allow participants to:

- Investigate the origins of destructive patterns such as addictions, depression, relationship problems, and more.
- Identify the childhood wounds which fuel these problems.
- Begin to heal and release unresolved issues and past conflicts.
- Change old negative messages to healthy behaviors and decisions moving forward.

**Call Stephanie @ 210-287-4002 or Amy @ 210-274-0430
to make your reservation today! Space is limited.**

Cost: \$1395 per person

\$500 deposit due at time of reservation

